

MOTHER HUNGER GROUP

Identifying and Learning about Mother Attachment Wounds



When

Thursdays at 12:30 pm

Where

Zoom

Duration

10 weeks

June 6 - August 8, 2024

There are limited spots available so contact now for a free consult to find out if Mother Hunger group therapy is for you.



LISA ESCHBACH

LCSW-C | CSAT | CMAT |
Mother Hunger Facilitator

(410) 449-0071

lisa@relationalwellness.org
relationalwellness.org

RELATIONAL WELLNESS COUNSELING



DO YOU HAVE A STRAINED OR NO RELATIONSHIP WITH MOM?

Do you long and ache for your mom to move towards you in some way?

Do you recognize an enduring loneliness that you can't fill or doesn't seem to go away?

You may be experiencing Mother Hunger. Kelly McDaniel coined this term to identify when the relationship with mom lacked good maternal care, and thus leads you to have this very specific attachment injury. In group we will learn what Mother Hunger is, what it feels like in our bodies and how healing this wound is possible.

Mother Hunger
trained facilitator 